

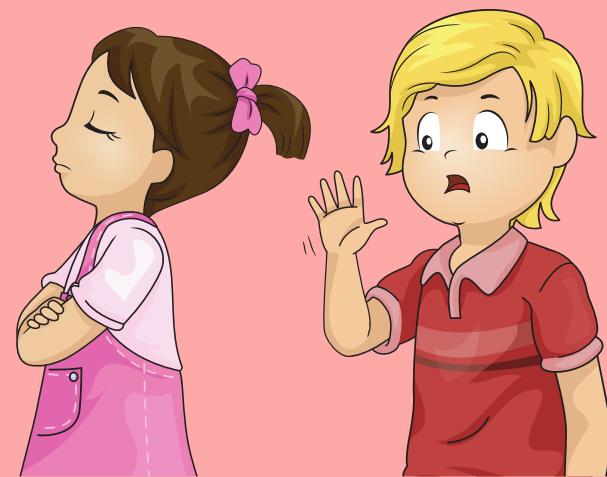
FIXED MINDSET



I already
know it all

I can't change
how smart I was
born

I give up easily



I ignore
useful
feedback

I avoid things that
require effort

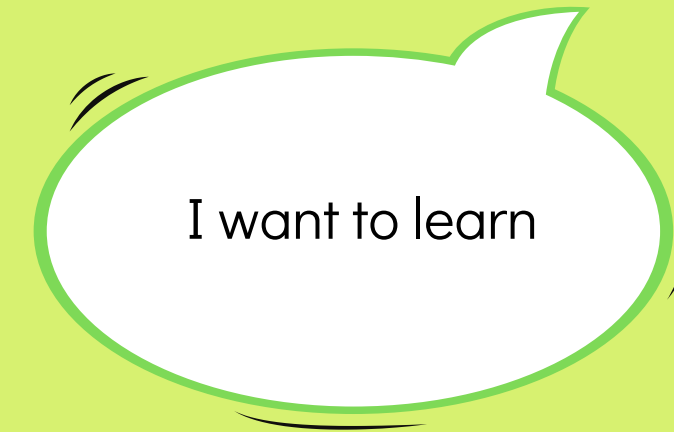


Mistakes and
failure are
bad so I
avoid them

I won't ever be good at
this

I don't need to practice

GROWTH MINDSET



I learn from
others



I can train my brain

I can work hard to get
better at something



Mistakes are learning
opportunities

I welcome and learn
from feedback

I will keep trying



I want to be challenged